

Tiffany Higgins is an author who blends experience and imagination to craft stories with emotional grit. In this short interview, she shares what drives her writing, how she writes, and how healing brought her to publish again.

**Q: What inspires you to write?**

**A:** Life, love, family. Truth and experiences. Integrity and a powerful aversion to the injustices of the world.

**Q: What's your writing process like?**

**A:** I fluctuate between laptop and notebook depending on mood and convenience. I've written on my cell phone and napkins. If I try to hold onto a thought promising myself to jot it down later, I'm definitely going to forget it—so I write it down immediately or lose it forever.

**Q: What led to the release of *Love Sick: Stories*?**

**A:** I had been silenced by life. My creativity blocked by constant abuse. When I found an unexpected reprieve from the cruel mistreatment, I took it as an opportunity for healing. I was finding myself through the trauma and building the strength I would need to stand up for myself when things became violent.

**Q: What changed in you while writing *What Happened to the Oranges*?**

**A:** Writing it was about healing myself. What changed most is that I'm no longer seeking a place to belong—or for my stories to belong. I have faith in the belief that they will reach exactly who they're meant to find.

**Q: What's your goal for your book as an author?**

**A:** My ultimate goal would be a career as an author where I don't need a day job to pay my bills.

Tiffany Higgins doesn't write life into fiction, she writes fiction from life. Her stories were shaped in the space where she could finally hear herself again. She writes to heal herself and to help others heal.